MAXIMIZING YOUR POTENTIAL GROWTH MINDSET
THE TRUE STORY OF
ABILITY AND EFFORT

Test 1

58%

Test 1

58%
THE TRUE STORY OF
ABILITY AND EFFORT

Test 1 = 58%
Test 2 = 53%
Test 1 = 58%

PRAISE ABILITY
THE TRUE STORY OF
ABILITY AND EFFORT

PRAISE ABILITY
58%  53%

PRAISE EFFORT
58%  75%
LEARN HOW TO IDENTIFY MINDSETS

GROWTH MINDSET  FIXED MINDSET
IDENTIFYING A GROWTH MINDSET

- Embraces challenge
- Persists in the face of setbacks
- Sees efforts as the path to mastery
- Learns from criticism
- You are excited to try new things
IDENTIFYING A FIXED MINDSET

- Avoids challenges
- Gives up easily
- Sees effort as fruitless, or worse!
- Feels threatened by the success of others
- You only try things you are already good at
YOUR WORDS CAN
REVEAL YOUR MINDSET

- “I’m just not good at math”
- “I am never able to keep my homework organized”
- “Chemistry makes me really anxious”
- “Math has been challenging for me.”
- “When I have tried to organize my homework, I have not had success.”
- “I can become more confident in Chemistry if I put in hard work.”
WITH THE RIGHT COACHING, YOUR MINDSET CAN CHANGE
“Mindsets are just beliefs. They're powerful beliefs, but they're just something in your mind, and you can change your mind.”

-Dr. Carol Dweck
WHO IMPACTS STUDENT MINDSET?

- Parents/Manager/Leaders
- Teachers/Trainers
- Colleagues/Peers
- Yourself
BUILDING GROWTH MINDSET
HOW YOU PRAISE AND CRITIQUE MATTERS

• “You’re so good at math!”
• “You’re such an awesome student.”
• “You should have earned an A because you’re so smart.”

• “You worked really hard!”
• “I appreciate your determination.”
• “I am disappointed that you did not give your full effort.”
THE POWER OF "YET"
High Ability
Low Effort

Low Ability
High Effort
WHO HAS “FAILED?”
USE US AS A RESOURCE

OUR PROGRAMS

Private Tutoring
Small Group Courses
Revolution Prime
A+ Habits

FREE RESOURCES

Practice Exams
Webinars & Presentations
Videos
Blog Posts

revolutionprep.com/resources